

MAY



Special Announcements

MAY IS HERE AND SCHOOL IS ALMOST OUT..WOW LOOK AT THE DAYS OFF!!

MAY 5TH...SCHOOL OUT
MAY 12TH...SCHOOL OUT
MAY 15TH...STUDENTS OUT
MAY 26TH STUDENTS OUT

May 4th ...PK-1st, Field Trip
May 11th...K-2nd, Field Trip
May 17th...3-5th, Field Trip
May 18th...K-2nd, Field Trip
May 23rd...PK-12th Field Day

HAVE A GREAT SUMMER!!!!

Menu's are subject to change due to recalls and shortages of items. Sorry for the inconvenience.



Monday	Tuesday	Wednesday	Thursday	Friday
1 POPCORN CHICKEN MASHED POTATOES PURPLE-HULL PEAS WG BREAD PEACHES MILK VARIETY	2 MEATBALL SUBS BAKED FRIES VEGGIE DIPPERS PICKLE SPEARS PEARS MILK VARIETY	3 FALL CASSEROLE GREEN BEANS MIXED SALAD W/ RANCH WG ROLL MIXED FRUIT MILK VARIETY	4 PIZZA CORN ON THE COB MIXED SALAD W/RANCH FRESH FRUIT ORANGE POPS MILK VARIETY	5 SCHOOLS OUT
8 CHICKEN PATTY W/GRAVY BAKED TOTS GREEN BEANS MIXED SALAD W/RANCH MANDARINE ORANGES WG BREAD MILK VARIETY	9 CORN DOGS MAC N CHEESE PORK N BEANS APPLESAUCE MILK VARIETY	10 TANGARINE CHICKEN STEAMED VEGGIES RICE EGG ROLLS BAKED APPLES MILK VARIETY	11 PIZZA SWEET CARROTS MIXED SALAD W/RANCH FRESH FRUIT COOKIES MILK VARIETY	12 SCHOOLS OUT
15 SCHOOLS OUT DEVELOPMENT DAY	16 HOT DOGS BAKED TOTS GREEN PEAS PEACHES MILK VAREITY	17 STEAK FINGERS GRAVY MASHED POTATOES PINTO BEANS MIXED SALAD W/RANCH WG CORN MUFFIN MILK VARIETY	18 PIZZA SWEET CORN SALAD W/RANCH FRESH FRUIT MILK VARIETY	19 END OF YEAR STEW ATHLETIC BANQUET
22 CHICKEN BITES RANCH POTATOES SWEET CARROTS WG BREAD PEACHES MILK VARIETY	23 ELEM. FIELD DAY	24 HOT POCKETS BAKED FRIES PORK N BEANS FRUIT MILK VARIETY ELEMENTARY AWARDS	25 SANDWICHES BAKED TOTS VEGGIE DIPPERS FRUIT MILK VARIETY KINDER. GRADUATION	26 SCHOOLS OUT DEVELOPMENT DAY
29 SCHOOLS OUT MEMEORIAL DAY	30 SCHOOLS OUT DEVELOPMENT DAY	31 SCHOOLS OUT DEVELOPMENT DAY	<div data-bbox="1092 1827 1411 1862" data-label="Section-Header"> <h3>Good Eats At:</h3> </div> <div data-bbox="984 1877 1474 1942" data-label="Text"> <p>HORNETS CAFÉ, COME AND JOIN US FOR A HOT AND DELICIOUS MEAL...</p> </div>	

Squash

Squash! Squash grow above the ground on vines and are in the same family as pumpkins. The most popular types of squash you see in the grocery stores are named after their growing seasons, summer and winter. The entire squash is edible: the outside skin, inside flesh and the seeds.

Vitamin A: One of the main nutritional benefits of squash is its serving of vitamin A. Your eyes use vitamin A to see at night and recognize colors.

Growing Regions: East Texas, Rio Grande Valley and Winter Garden



Papaya

Even though papayas look like melons they are actually classified as berries and grow on giant herb type plants, not trees. These plants can reach up to 30 feet in height if the trunk is straight and healthy. In addition to the sweet orange centers, the seeds of a papaya can be eaten and have a spicy, peppery taste.

Vitamin C: Papaya's are great source of vitamin C. Your body needs vitamin C to grow and repair tissues in your skin and muscles

Growing Region: Rio Grande Valley



HEALTHY SUMMER MEALS FOR KIDS
No Cost For Kids 18 and Younger

Visit: SquareMeals.org/SeasonalityWheel

MESSAGE DECODER

A - 1	F - 6	K - 11	P - 16	U - 21
B - 2	G - 7	L - 12	Q - 17	V - 22
C - 3	H - 8	M - 13	R - 18	W - 23
D - 4	I - 9	N - 14	S - 19	X - 24
E - 5	J - 10	O - 15	T - 20	Y - 25
				Z - 26

Did You Know?

The English word "squash" comes from a Native American word, askutasquash, which means "eaten raw or uncooked."

14 1 20 9 22 5

1 13 5 18 9 3 1 14 19

used squash as a valuable food source to survive the harsh winters.

Joke of the Month

Q. What instrument does the squash love to play?
see answer below.



East Texas

Winter Garden

Rio Grande Valley

Growing Regions



Joke Answer: An a-squash-an
Message: Native American