

# OCTOBER 2017

MON

TUE

WED

THUR

FRI

## NATIONAL SCHOOL LUNCH WEEK

OCTOBER 9-13  
squaremeals.org/nslw

**Breakfast:**

Pizza n Fruit

**Lunch:**.....Popcorn

Chicken  
Mashed potatoes  
Green Beans  
Peaches

2

**Breakfast:**

Cereal n Fruit

**Lunch:**—Hot Dogs

Pork n Beans  
Carrot Dippers  
Pears

3

**Breakfast:**

Yogurt n Grahams

**Lunch:**- CFS Patty

Baked Fries  
Black-eyed Peas  
Mixed Fruit

4

**Breakfast:**

Scrambled Eggs w/toast

**Lunch:**- Chicken

Taco  
Fiesta Beans  
Spanish Rice

5

**Breakfast:**

Cereal n toast

**Lunch:**- Pizza

Sweet Corn  
Tossed Salad  
Fresh Fruit/cupcake

6

**Breakfast:**

Cereal n Fruit

**Lunch:**- Chicken

Nuggets  
Baked Tots  
Sweet Carrots  
Peaches

9

**Breakfast:**

Cereal n Fruit

**Lunch:**

Corn Dogs  
Green Peas  
Tossed Salad  
Pears

10

**Breakfast:**

Yogurt n Fruit

**Lunch:**

Spaghetti w/Meat sauce  
Green Beans  
Tossed Salad  
Mixed Fruit

11

**Breakfast:**

Cheese Omelet

**Lunch:**

Beef Burrito's  
Refried Beans  
Tossed Salad  
Mandarin Oranges

12

**Breakfast:**

Cereal n Fruit

**Lunch:**

Cheeseburger  
Baked Fries  
Pickles  
Fresh Fruit n Jello

13

**Breakfast;**

Cereal n Fruit

**Lunch:**

Chicken Smackers  
Baked Tots  
Sweet Peas  
Peaches

16

**Breakfast:**

Biscuit n Sausage

**Lunch**

Turkey Subs  
Baked Tots  
Lettuce/pickles  
Pears

17

**Breakfast:**

Yogurt n Grahams

**Lunch:**

Steak Fingers  
Mashed Potatoes  
Purple-hull Peas  
Mixed Fruit

18

**Breakfast:**

Cereal n Fruit

**Lunch:**

Taquitos  
Pinto Beans  
Tossed Salad  
Pineapples

19

**Breakfast:**

Pancake on a stick

**Lunch:**

Cheese Pizza  
Sweet Corn  
Tossed Salad  
Fresh Fruit/cookie

20

**Breakfast:**

Mini Waffles n Fruit

**Lunch:**

Chicken Strips  
Baked Fries  
Sweet Carrots  
Peaches

23

**Breakfast:**

Cereal n Fruit

**Lunch:**

BBQ Slider  
Baked Beans  
Pickle Spear  
Pears

24

**Breakfast:**

Cereal n Fruit

**Lunch:**

Chicken Patty  
Mashed Potatoes  
Green Beans  
Mixed Fruit

25

**Breakfast:**

Scrambled Eggs/toast

**Lunch:**

Crispy Taco's  
Refried Beans  
Lettuce Tomatoes  
Mandarin Oranges

26

**Breakfast:**

Cereal n Fruit

**Lunch:**

Hamburger  
Baked Tots  
Lettuce n Pickles  
Fresh Fruit/ cake

27

**Breakfast:**

Pizza n Fruit

**Lunch:**

Chicken Rings  
Potato Smiles  
Green Peas  
Peaches

30

**Breakfast:**

Biscuit n Sausage

**Lunch:**

Ham n cheese  
Baked Tots  
Bread  
Pears

31

Good Eats at:

MILLER GROVE CAFÉ

GO HORNETS!!!

### Special Announcements

ALL BREAKFAST SERVED WITH FAT FREE MILK AND JUICE

ALL LUNCHESES SERVED WITH FAT FREE MILK..

## PRE-K ONLY

Fun facts on back! >



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER

