

It doesn't matter where you live or what you want to be when you grow up. In 4-H, you can make friends, have fun, and try new things with the help of caring adults. Whatever your interests, **there's a 4-H experience for you.** Explore your path through hands-on projects like:



What do the Four H's mean?



HEAD: Making good decisions; setting and sticking with goals



HEART: Doing and meaning what you say; taking responsibility for your actions



HANDS: Making a difference in your community and helping others



HEALTH: Taking care of your mind and body

Ready to Learn More?

Contact your local 4-H Office to find an experience near you!

