

SHAC – School Health Advisory Committee Report
2019-2020

The Miller Grove SHAC met on October 25, 2019 with the following members:

Gary Billingsley – Sec. Principal Stacie Wilber - Parent
Jaime Fox – Elem. Principal
Rebecca Brown – Cafeteria Mgr.
Ana Billingsley – PE Teacher

The following items were discussed according to SHAC guidelines:

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| 1. Health curriculum | 6. Medicine distribution |
| 2. Daily recess | 7. Tobacco use/ Electronic cigarettes |
| 3. Physical activity | 8. Mental health first aid |
| 4. Food allergies | 9. Vending machines/Drink machines |
| 5. Food nutrition | |

The committee agreed that all guidelines are being met for: student physical activity requirements, vending machine guidelines, food nutrition guidelines, tobacco use prohibited restrictions, and daily recess guidelines.

Committee recommendations and items to be addressed:

Health curriculum: Nurse will speak with 5-12 grade students about personal hygiene. Also, Texas A&M-Commerce nursing program students will be presenting to 6-12 students on the following topics: bullying, safe dating, and energy drinks. They will also present to K-2 about oral hygiene and 3rd-5th about bullying. The Cumby Masons provide free oral hygiene kits to 1st grade students.

Food nutrition: Proposed to have an account set up to have money for students under free/reduced lunch to be able to purchase extra food. PTO donated money for an account and it was set up the day after the meeting.

Mental health first aid: Hopkins County Sheriffs office and sex crimes division will speak to students in grades 5-12 on the following topics: sex trafficking, phone apps, and nude photographs being sent on cell phones

Staff will complete training on: HIPAA, food allergies, seizures, CPR, and stop the bleeding.

Proposed to have School Board consider having someone with a concealed weapon on campus.